

Sample Speech on the Environment

"Why should I be studying for a future that soon may be no more, when no one is doing anything to save that future?", asked Greta Thunberg, and I'm sure we all are in search of an answer to this question, more so in these unprecedented times when the entire world is at a standstill.

Environmental depletion, a term we take so lightly, has been increasing with each year passing by.

This year (2020 as of writing), Earth Overshoot Day was observed on August 22, exhausting nature's budget for the year in just seven months.

Even as I speak and you listen to this speech,

The residents of Goa are raising their voices against an infrastructure plan which is all set to cut through Mollem National Park and destroy the habitat of thousands of animals.

Even as I speak, 10,000 clothing items are being sent to landfills every 5 minutes.

All because of Fast Fashion!

Even as I speak, more than 80 percent of the world population is living under light-polluted skies.

All because of light pollution!

And, when we actually reflect upon all of these things, there's no one to blame but us.

Yet, we choose to remain silent.

So, I ask you today,

Why are we silent? Why don't we care about the planet we live on?

I believe that by choosing to remain silent over the environmental issues, we are doing a disgrace to the very act of humanity.

Ain't we ought to save this environment while we still can?

I know that since time immemorial, we have grown up learning about sustainability. In the most literal sense, we PREACH sustainability. But when it comes to bringing that into practice, our values shy away. All of a sudden, we start to run short of time. You know why?

The reason is we don't appreciate our environment, anymore. And, that's the root cause that is holding us back in the pathway towards sustainability.

I still remember when I was 10 years old, my father and I had this really nice ritual of going to the park for evening walks. Back then, it just didn't matter what headspace we're in, the air of calmness that surrounded the park would just put us at ease. It was THAT therapeutic!

But, coming back to this so-called modern mechanized era, we've parted our ways with this ritual. Now, in these times, even the thought of going to a park sounds cliché to all of us!

We need to learn to appreciate, nurture, and love our environment in order to save it. Because it all begins at home! You and I CAN make the difference and now is the time to inculcate sustainable lifestyle habits.

The first step here can be as simple as cutting down the waste we produce in the environment. Be it in terms of buying packaged fruits and vegetables from a farmers' market or making the area you live in litter-free.

Moving ahead, the next step might sound a bit difficult because let's face it- We ALL love shopping! But, when it comes to leading a

sustainable lifestyle, minimalism is the key. Start prioritizing every single time you shop for something. When you do this, you value things you own and don't end up wasting so much.

Gladly, to our relief, the world isn't that pessimistic. In this age of globalization, we now have people as 'environmental influencers' initiating a call for action. Let's shower our love and support towards them by drawing inspiration from them.

Therefore, I now say,

Let's pledge to align our values and actions.

Let's pledge to spend more time in nature.

And most important of all, let's pledge to save this planet while we are on this planet.